

# Implementing Positive Education at Your School

**inspire2aspire**  
partnership through life empower success



## HAPPY CLASSROOMS



## FUTURE READINESS



## CUSTOMIZED TO SCHOOL'S NEEDS

- Lifelong Love of Learning
- Discovering Passion & Purpose
- Positive Relationships including Parent-Child, Student Teacher and Friendships among Classmates

- Ability to Focus
- Communicate with Confidence
- Creativity & Problem Solving
- Critical Thinking Skills
- Resilience to Thrive with Change
- Global Citizenship

- Positive Values
- Growth Mindset
- Strengths-Based
- In line with the school's values and Moral & Civic / Religious Education curriculum

Learn More [www.inspire2aspire.org/positive-education-workshops-training](http://www.inspire2aspire.org/positive-education-workshops-training)



Email [info@inspire2aspire.org](mailto:info@inspire2aspire.org) or call 2155-3155

# TEACHER TRAINING

Our Train-the-Trainer Programs equip teachers with necessary stress management skills in the achievement-oriented Asian culture. We also offer a series of Personal Development workshops to explain the concepts behind Positive Education, break down lesson plans and give teachers hands-on experience to the activities that they could be teaching, inviting us to teach, or becoming more aware of with every interaction they have with students and the people around them.

**"Children enter school as question marks and leave as periods." - Neil Postman**

## DIRECT ENGAGEMENT WITH THE STUDENTS

We don't give blindly hand out teaching plans or share pre-recorded lectures. With interactive and experiential workshops, we engage students with directly. Through our training, we elevate students' ability to develop a growth mindset, discover and apply character strengths, overcome cross-cultural barriers and create positive relationships, build resilience and thrive in classrooms and when they graduate. The emphasis is on an enjoyable learning experience using activities, which students are more likely to remember and carry forward.

## POSITIVE PARENT-CHILD RELATIONSHIPS

Positive Parenting compliments Positive Education. We deliver parent talks / parent-teacher association workshops and webinars to promote positive Parent-Child Relationships. In our workshops, we talk about how a parent can support his / her child in developing lifelong interests and using Strengths-based parenting. Parental expectations and the continuous switch between physical and virtual classrooms have been a major source stress for HK students in the past two years. We discuss cultivating curiosity and lifelong learning, improving focus in a world of distractions, generating positive emotions during tough times, and nurturing creative and resilient leaders that can deal with stress sustainably.

## MOBILIZING RESOURCES

From curriculum design to teaching plans, we provide the materials, training, and additional support to make Positive Education a success at your school. After understanding your school's goal and values, we work closely with your school's organizing committee, teachers and staff to organize workshops, campaigns to foster students' virtues, character strengths, growth mindset, resilience and awareness of their well-being. We also conduct mid-year reviews, collect data to write reports assessing effectiveness of implementation, and offer consultation services to your school.

## TRAINING MODULES INCLUDE:

Ability to Focus in a Digital World

Manage Stress and Develop Resilience

Creativity, Curiosity & Problem-Solving Skills

Social & Emotional Intelligence

Discover One's Passion and Career Path

Public Speaking & Debate